

TIPS FOR LIFE DURING PHASE II

STAY INFORMED

Know your resources for up-to-date information in your local community. Monitor the CDC COVID-19 websites and your state and local health department website for the latest information.

cdc.gov & ncdhhs.gov



HELP IS ALWAYS AVAILABLE

We know that this is a stressful time for everyone, and we care about you and your well-being. To that end, we have several resources that are available to help you. Our SpeakUp team, Aymira HR, and our Magellan EAP solution are all great ways to access help if you need it.

MASK USAGE

We encourage everyone to use a mask when out in the community, and we continue to require mask usage in our group home settings per the Governor's mandate. Masks signal your care for others and most importantly help limit the spread of the virus.

We all must do our part to help limit transmission of the virus.



NO VISITORS AND NON-ESSENTIAL PERSONNEL

Our offices remain closed to visitors and non-essential personnel, and we are still encouraging work at home for those that can do so. Our licensed group homes must continue to follow the Governor's executive order banning visitors and travel. We are eager to get back together, but we will not be changing this policy until we enter Phase III.

MONITOR HEALTH CHANGES

Actively monitor all persons daily for changes in their health – be acutely aware of fever or respiratory symptoms (shortness of breath, cough). Both staff and recipients should contact their primary care physician immediately if they do not feel well.



SOCIAL DISTANCING

We continue to ask that you follow social distancing guidelines while in our offices and especially while conducting yourself in your private life. The spread of the virus inside our organization is largely determined by the choices we make when we are away from work.

HELP IS HERE WHEN YOU NEED IT!

Advocacy Department: Advocate@aymira.com

Human Resources: HR@aymira.com

Magellan EAP: www.asmallmiraclellc.com/help